

Behaviour & Training Support Appointments Explained

What is a Discovery Session?

Location: Within your home

Duration: Two hours

Availability: Monday - Friday, 9am-5pm

Your **Discovery Session** is the initial in-person appointment in the Discovery Phase of your Behaviour and Training Support Plan, following a vet referral and completion of relevant forms for your dog's Pet Profile.

During this session, we'll discuss your dog's behaviour and your concerns through the use of a questionnaire. As we are doing this, we will make notes together and create a timeline of events. It's an opportunity for you to share all your thoughts about your dog's behaviour and for me to observe your dog in their home environment for the first time. This information, combined with your pet's profile, will help me to then go away and create a behaviour modification plan.

Who should / can attend?

If possible, please can all family members attend, including adults and children.

Can more than one dog be discussed during the session?

If you require support with more than one dog for either separate or related behavioural concerns please let me know so that more time can be allocated for your session. More than one dog can be supported on the same plan however time dedicated towards each dog must be split.

What equipment / clothing will I need?

No special equipment or clothing is required for your Discovery Session as the majority of the session will be spent talking and making notes. However please have your dog's lead and collar ready, in case we go out on a short walk to observe your dogs behaviour.

What is a Pre-Discovery Session Prep Call?

Location: Video call (you must be at home during your call)

Duration: 20 minutes

Availability: Monday - Friday, 9am-5pm (must be booked for within the week before your discovery session).

The **Pre-Discovery Session Prep Call** is a brief 20-minute video consultation aimed at ensuring that all preparations are in order for your upcoming Discovery Session. During this call, we will discuss what you can anticipate during the Discovery Session, and I will outline my guidelines and expectations for our sessions. This will encompass topics such as checking the suitability of your designated training area, parking arrangements, and where you intend to have your dog situated upon my arrival.

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What is a Treatment Discussion Session?

Location: Within your home

Duration: One hour

Availability: Monday - Friday, 9am-5pm

Your **Treatment Discussion Session** is the second in-person appointment in the Discovery Phase of your Behaviour and Training Support Plan.

During this session, I will present a summary of my behavioural diagnosis for your dog and outline my recommended treatment approach. We will engage in a thorough discussion, including any necessary demonstrations, ensure your complete understanding and agreement. This session serves as your platform to express any concerns or questions about the plan, with the ultimate goal of ensuring that we are all aligned and on the same page by the session's conclusion.

Who should / can attend?

If possible, please can all family members attend, including adults and children.

Can more than one dog be discussed during the session?

If you require support with more than one dog for either separate or related behavioural concerns please let me know so that more time can be allocated for your session. More than one dog can be supported on the same plan however time dedicated towards each dog must be split.

What equipment / clothing will I need?

This will be communicated to you ahead of the session.

What is a Guidance Session?

Location: Within your home

Duration: 45 minutes

Availability: Monday - Friday, 9am-5pm

Guidance Sessions are dedicated to assisting you in reaching your behaviour and training objectives. While you will receive detailed, step-by-step instructions, to follow your plan independently at home, forming new habits can be challenging. These sessions are carefully designed to help you stay on course by ensuring that your goals are realistic and suitable for both you and your dog. We'll also address any difficulties you may be encountering with specific aspects and establish a plan to overcome them.

During your session, we will review your current goals, ensuring they are attainable and practical for you. We'll also practice any new skills you might need and make sure you feel confident that you can achieve what you're aiming for over the coming weeks.

Who should / can attend?

If possible, please can all family members attend, including adults and children.

What equipment / clothing will I need?

This will be communicated to you ahead of the session.



What is a monthly Plan?

Monthly plans are designed to help you work on your behaviour and training goals in your home environment. You'll be following the plan we discussed and agreed upon at the end of your Discovery Phase. Each treatment plan is tailored to fit your and your dog's needs. This plan will be broken down into small, manageable steps, with clear instructions on how to complete each one and track your progress. You'll have access to all this information to review at your convenience. After finishing each step, I'll encourage you to update me on your progress so I can review and help you with the next step. If you have a Premium or Plus plan, these include 1:1 in-person guidance sessions to assist with practical aspects and address specific challenges. Additional guidance sessions can be booked (at an extra cost) at any point for all Support Plans.

